

# How you see me matters: perspectives of autistic people using primary care services

## Introduction

CQC is committed to encouraging health and care services to provide the same good quality of care for everybody. To do this, it's vital to listen to what people say about services and learn from their experiences.

This is particularly important for us as we develop our new methods and approach to regulating. Knowing what people feel about their care services enables us to focus on the right areas and ask the right questions when we assess the quality of care.

One of our strategic ambitions is on tackling inequalities in care. This is specifically pushing for equality of access, experiences and outcomes from health and social care services.

Here, we present some perspectives from autistic people on challenges when using primary care services. We want these to help primary care providers think about how to accommodate the needs of autistic people when using services.

